



Peterborough Regional Spay/Neuter Clinic Post-Operative Instructions

Your pet has had major surgery and recovery care is important to prevent complications. Following these instructions below will help ensure a safe and comfortable recovery.

Tonight

- Your pet may appear a bit sleepy, groggy, or agitated the first night after anesthesia. Normal behavior and energy levels should return by tomorrow. Give your pet a warm, comfortable, and quiet place to recover.

Diet

- Your pet's appetite should return within 24 hours. Give a half-size meal tonight, then feed as normal tomorrow. Always have water available.
- To avoid stomach upset during recovery, do not change diet or give extra treats.
- If your pet has an E-collar (cone), it can be removed for supervised feeding.
- Please contact us if there is: no appetite for over 24 hours, stomach upset, vomit or diarrhea.

Incision Care

- A female pet has an incision on their abdomen (stomach); a male pet has an incision either in front of *or* directly on the scrotum. In case of a retained testicle, there will be a second incision on the groin or abdomen. On a lactating cat, the incision may be on the side of the body.
- Check the incision daily to make sure it is healing as expected.
- **Mild symptoms to expect:** minor bruising, redness, and swelling; presence of small bump under the incision due to stitches. These can be normal and should improve.
- **Contact us if you find:** worsening redness and swelling, discharge, odor, or opening of the incision. Please send a photo of the incision if you have any concerns with how it is healing.
- Our surgeries use internal stitches that dissolve on their own after several weeks, unless otherwise advised (male cats do not have stitches).
- Prevent licking the incision. We advise an e-collar (plastic cone) or medical shirt for 7-10 days.
- Keep the incision dry. Do not apply any bandages, creams, antiseptics, or sprays to the incision. Do not bathe your pet for 10 days.
- All animals have a small green tattoo on their abdomen to indicate a spay/neuter has been performed. Surgical glue is used for the incision and tattoo, which can appear as crusty/flaking.

Pain Management

- Each patient receives pain medications before and after the surgery.
- Most patients receive an oral pain reliever (Meloxicam). Please follow the instructions on the label and begin this medication the morning AFTER surgery.





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- Side effects of Meloxicam may include stomach upset (vomiting, diarrhea, low appetite). Please discontinue Meloxicam if any of these occur and contact us to determine next steps.
- Younger kittens may receive a long acting medication, you will be advised.
- Please contact us if you feel that your pet is in pain. Do not administer any human pain relievers as these are often toxic to pets.

Activity

- It is very important to limit your pet's activity for 7-10 days after surgery. Strenuous activity such as running, jumping, or playing could disrupt healing and cause the incision to become swollen or open.
- Keep cats indoors for 7-10 days after surgery. Keep your dog's walks brief (under 10 minutes) and use a leash for 7-10 days after surgery. Avoid dog parks, off-leash running, or rough play.
- Animals returning from the clinic may smell different to other animals at home. This can cause them to fight. Be prepared to keep your pets separate for a few days following surgery.

Complications and Emergency Care

- Spaying and neutering are both very safe surgeries. However, complications can still occur. Contact us immediately if you notice any of the following symptoms:
 - Worsening redness or swelling of the incision; bleeding or discharge from the incision; pale gums; lethargy or depression; loss of appetite; vomiting; difficulty urinating or defecating; labored breathing; wobbly or unsteady while walking.

If you have concerns with your pet's recovery, please email spayneuter@ptbohs.com or call us at **705-745-4722 ext 203**. We are open from 9:00 AM - 5:00 PM from Monday to Thursday. Please see our website for any additional closures. For concerns regarding the incision, please include a photo via email. If you have an urgent or emergency concern outside of our clinic hours, please contact your local veterinarian or emergency clinic. If you take your pet to another facility for treatment, the cost will not be refunded by PRSNC.





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Emergency Clinic Reference List

This is a reference only. PRSNC does not necessarily recommend or endorse these facilities. This is not a complete list and there may be emergency veterinary services not listed below.

Cavan Hills Veterinary Services

303 ON-7A, Cavan, ON L0A 1C0 - (705) 270-0800

Kawartha Veterinary Emergency Clinic

1840 Lansdowne St, Peterborough, ON K9K 2M9 - (705) 741-5832

404 Veterinary Emergency and Referral Hospital

510 Harry Walker Parkway South, Newmarket - (905) 953-1933

Toronto Veterinary Emergency Hospital (TVEH)

21 Rolark Dr, Scarborough - (416) 247-8387

Toronto Animal Health Partners Emergency and Specialty Hospital

1 Scarsdale Road, North York - (416) 380-7400

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